



Kiwanis Natatorium Policy

Kiwanis Natatorium

- Running and horseplay strictly prohibited.
- Diving prohibited, except into 8 feet of water.
- Street attire may be permitted when appropriate on deck, ie...concession area, swim coach, hospital employee, parent waiting for children in lessons, scuba instructor.
- Lined swimsuits only. No cut-offs, athletic shorts, biking tights, leotards or thong swimsuits allowed in water area.
- Use swim diapers for non-toilet trained patrons.
- Change diapers at designated changing stations.
- Children 8 and under must be directly supervised by those 16 years or older wearing a swimsuit.
- The Children's Play Area is for children age 9 and under only.
- Use of water wings and small rings only when accompanied by adult in water.
- Personal toys, including rafts, inner tubes, tennis balls, water guns, or Frisbees, are prohibited.
- Shower with soap and rinse thoroughly before entering the water.
- No swimmers with casts (unless designed for water use), open wounds, rashes, or infectious diseases.
- Food, drink, gum, glass, or coolers are prohibited from the deck area. Please use designated concessions area.
- The CENTRE is not responsible for lost, stolen, or damaged personal items.
- No spitting.
- Only authorized personnel are permitted to stand or walk on islands or peninsulas.
- Enter vortex through its water entrance.
- Refrain from hanging or climbing on railings or lane markers.

Water Slide

- If you are pregnant, have a fear of heights, or have heart or back problems – do not use slide.
- You must be a minimum of 42" tall and be able to swim unassisted.
- Only one person may slide at a time. No partners or trains are allowed.
- Please form a single file line when waiting to use the slide.
- Do not stop, stand, kneel, or rotate on the slide. Keep hands and feet inside at all times.
- Go down feet first, lying on back or in a sitting position.
- Do not catch sliders as they exit the flume.
- No fins, glasses, metal watches, or swimsuits with metal zippers, buckles, rivets, buttons, or metal ornamentation.
- Exit catch pool quickly.

Children's Pool Play Area

- Running, jumping, climbing and pushing prohibited.
- Slide feet first on back down the frog slide.
- Keep hands and feet inside at all times.
- Weight limit is 85 lbs. on frog slide. No adults on slide.

Therapy Pool

- Guardian who is 16 years of age or older must accompany children age 15 or younger.
- Maximum of 10 people in spa at one time.
- Individuals with open sores or rashes should not use the therapy pool.
- Wear proper swim attire.
- Use of oil-based lotion products prohibited when using spa.
- Shower before pool entry.

Lap Swimming Etiquette

- Be courteous of other swimmers.
- A circle pattern will be used for swimming laps. Always stay on the right side of the lane, swimming in a counter clockwise direction.
- If you stop between lengths, sit next to the wall to avoid congestion.
- Maintain a reasonable distance between swimmers.
- When passing notify the swimmer in front of you with a tap on the foot and pass in the middle of the lane. Watch for oncoming swimmers.
- If you are continually passing or being passed, move into the next appropriate lane. Check with the lifeguards for lane speeds.

Diaper Policy for Pool

- All infants, toddlers, and children who are not toilet trained must wear swim diapers.
- Swimmers identified above not wearing diapers will be asked to exit the swimming area until a swim diaper is part of their attire. *Swim diapers are available for sale at the front desk.*
- Parents/guardians are required to change diapers at designated diaper changing stations located in the Family, Women's, or Men's Changing Rooms. *Please do not change diapers on the aquatic center deck or in the concession area.*
- Children and patrons who have had **diarrhea** within the past two weeks are asked not to use the aquatic center.
- Parents/guardians should ask their children to refrain from drinking the pool water.
- If your or another child does have an accident in the pool water or deck area, *please notify a staff member immediately.*